

RHINO LACROSSE TAKES ON:

PAYSON

A R I Z O N A

OVERNIGHT

Campers will be staying in the Hilltop Dorm a bunkhouse lodge with multi-person bath and locker rooms and the Tall Pines lodge.

All meals will be provided for overnight campers through the duration of the camp.

First meal provided will be dinner on Wednesday evening the last meal of camp will be breakfast on Sunday.

EXTENDED DAY

Campers will stay off site at the discretion of their guardians. Lunch and dinner will be included in camp tuition.

Daily drop off for campers is 8:45am (except Wednesday) and pick up will be 8:45pm each night in the lots at the entrance of camp.

First meal provided will be dinner on Wednesday, the last meal of camp will be breakfast on Sunday morning.

OVERNIGHT PACKING LIST

- Lacrosse gear (stick, gloves, elbow guards, helmet, shoulder pads, athletic cup, etc.)
- Mouthguard
- Cleats *no metal cleats are allowed on the turf!! Only molded cleats or sneakers are allowed!
- Athletic clothes (T-shirt, shorts, socks, etc.)
- Sunscreen/insect repellent
- Spending \$\$ for camp store. Camp store will feature snacks, drinks, equipment and apparel
- WATER BOTTLE (we will not provide water bottles)
- Sandals/casual shoes (for when you are not playing)
- Athletic sneakers
- Any medications you will need (Trainer will be on-site during check-in for any medication assistance)
- Casual clothing (for when you are not playing)
- Toiletries & towel(s)
- Pillows and linens **Pillows and linens are not provided. Sleeping bags or blankets with sheets are suggested!

SCHEDULE OF EVENTS:

CHECK-IN/CHECK-OUT PROCEDURES FOR OVERNIGHT & EXTENDED DAY CAMPERS

OVERNIGHT CHECK-IN: WEDNESDAY, FROM 3PM TO 4PM AT THE CAMP OFFICES

**Room assignments will be handed out at this time and all necessary adjustments will be made at this time*

EXTENDED DAY CHECK-IN: WEDNESDAY, FROM 4PM TO 4:30PM AT THE CAMP OFFICES

CHECK-OUT/PICK-UP: SUNDAY, BETWEEN 11AM AND 12PM AT THE CAMP OFFICES

LOCATION/DIRECTIONS:

The Hilltop Dormitory & Tall Pines Lodge at Camp Tontozona will serve as the main dorms and also as the "Home Base" for the Rhino camp.

Camp Tontozona
235 Camp Tontozona Road
Payson, AZ 85541
**Campus map attached*

WEDNESDAY

3:00-4:00pm: Check-in at the Camp Offices for Overnight Campers

4:00-4:30pm: Check-in at the Camp Offices for Extended Day Campers

4:30pm: Attendance at Hilltop Dormitory (*location subject to change*)

4:30-5:30pm: Camp Expectations, Introductions and Rundown of Events

5:30-6:00pm: Dinner

7:00pm: Player attendance & head to fields

7:00-8:45pm: Evening Session; Team Concepts and Team Games

9:00-10:00pm: Supervised free time in dorms

10:30pm: Lights Out

DAILY SCHEDULE FOR THURSDAY - SATURDAY

7:00am: Wake Up

8:00-9:00am: Breakfast

9:00am: Player attendance & head to fields

9:00-11:30am: Morning Session; Skill Development Training

12:00-1:00pm: Lunch

2:15pm: Attendance & head to fields

2:30-4:30pm: Afternoon Session; Skill Development, Team Concepts, Positional Work, Competitions

5:00-6:00pm: Dinner

6:30pm: Player attendance & head to fields

6:45-8:45pm: Evening Session; Team Concepts and Team Games

9:00-10:00pm: Supervised free time in dorms

10:30pm: Lights Out

THURSDAY

7:00am: Wake Up

8:00-8:30am: Breakfast

8:45am: Attendance & head to fields

9:00-10:30am: Morning Session; Skill Development Training; Game Play

11:00am-12:00pm: Check-out at the Camp Offices

THIS IS A GENERAL SCHEDULE AND SUBJECT TO CHANGE AT THE CAMP DIRECTORS DISCRETION

EVENT SPECIFIC FREQUENTLY ASKED QUESTIONS

Is my child allowed to drive themselves and friends to camp?

If your child will be driving himself, or anyone else, to camp we ask that each parent please send an email to info@rhinolacrosse.com letting us know that they will be checking themselves in and out. Upon check-in our staff must be given any car keys, as players are not to be driving off of campus during camp. Any cars that are parked on campus during the camp are subject to the camp's parking policies.

Does my child need spending money?

Players will have the ability to purchase apparel, snacks, equipment, etc. at the Powell Lacrosse store.

When will my son receive his room assignment?

Players will receive their room assignments upon check-in. We try our best to match each player with their requested roommate. If for some reason this is not possible, we try to match players with other individuals from their school or club team.

Staff will be dispersed throughout the dorms to ensure that all players are accounted for. Staff rooms will be clearly marked. Should your child have an issue or concern during the night, the staff member will be available for them.

Will bedding be provided?

Pillows and linens are not provided. Regular and XL twin sheets will both fit!

Are the dorms air-conditioned?

The dorms and lodges are semi-air conditioned, but fans are allowed and suggested!

Do I need to pack any meals?

All campers' meals are included in their camp package. Players may bring snacks.

What if my child has food allergies?

Tonto Creek Camp strives to make every camping experience a positive one, and recognizes the importance of providing delicious and well-balanced meals. While it is impossible to satisfy every individual within a group, our camp meals are designed for popular appeal and we incorporate a variety of offerings, and make adjustments for special dietary needs when necessary. All allergies that were listed during registration have been reported to Tonto Creek Camp.

What happens if there is a crisis or emergency during camp?

All staff members have been provided with contact information for the Athletic Trainers, and emergency personnel. They have also been given the player emergency contact information which you provided at registration.

In the case of an emergency that affects all campers, parents will be notified via the email or phone number provided during registration. Please be sure that these emails are not being sent to your junk folder.

Are parents allowed to stay for the camp?

Parents are welcome to attend camp introduction and observe all on field sessions. Parents are only allowed to enter the dorms for check-in and check-out portions of camp. Only campers and staff members will be allowed into the dorms throughout the duration of the camp.

Please note, there is very limited cell reception at the camp. Guests should direct emergency incoming calls to the 24-hour emergency number, 928 978-6359.

